

## PAMPER PACKAGES

Offering a range of pamper packages for you or for a friend. Enquire for further details.

## RECOMMEND A FRIEND

Recommend a friend that spends £15 or more and receive 15% off your next treatment.

## HOME TREATMENTS

We offer a mobile service to clients who are unable to visit the Hair & Body Studio in Black Torrington.

Travel Cost is 45 pence per mile within a 10 mile radius, 10 miles plus – price upon request.

[www.thehairandbodystudio.co.uk](http://www.thehairandbodystudio.co.uk)

e: [thbs479@gmail.com](mailto:thbs479@gmail.com)

t: 01409 231479

m: 07715105826

The Hair & Body Studio  
9 The Maltings  
Black Torrington  
Beaworthy  
Devon  
EX21 5PR



## TOP TO TOE

THE HAIR & BODY STUDIO OFFERS A RANGE OF BEAUTY TREATMENTS FROM TOP TO TOE.

### EYES

EYEBROW SHAPE	£6.00
EYEBROW TINT	£6.00
BROW DUO	£10.00
EYELASH TINT	£8.00
EYELASH & BROW TINT	£10.00
COMPLETE EYES (Eyelash & brow tint, Shape)	£14.00

### HANDS

FILE & POLISH	£7.00
MANICURE	£13.00
Shape nails, cuticle Work, exfoliate, Moisture & Polish	
DELUXE MANICURE	
(As above including Massage)	£17.50
FRENCH MANICURE	£15.00
Classic white tips with pink nail	

### FEET

FILE & POLISH	£8.00
PEDICURE	£15.00
Shape nails, cuticle Work, exfoliate Moisture & Polish	
DELUXE SPA PEDICURE (with massage)	£22.00

### NAIL ENHANCEMENTS

FULL SET	£45.00
NAIL REPAIR	£6.00
INFILLS & POLISH	£28.00
SOAK OFF & TIDY	£20.00
TOE OVERLAY	£32.00

Add 10% for master nail tech services

**Gel** - is a gel polish that requires UV light to cure your chosen colour, its chip and smudge free for up to 3 weeks. Requires salon removal. Add £8.00 on to any Gel nail service

ACHE AWAY: (60 minutes) £35.00  
This is a massage using pre blended aromatherapy massage oils

DEEP TISSUE MASSAGE & SKIN NOURISHMENT (30 minutes) £20.00  
Deep tissue back massage that helps to dissolve tension and leaves you with a complete sense of calm and of course soft supple skin! Perfect for those who are suffering from aching muscles and enjoy a firm massage.

COMPLETE CALMNESS (60 minutes) £33.00  
A luxurious body massage consisting of a deep tissue massage and the use of pre blended aromatherapy oils to help you relax and relieve tension

### FACIALS

MINI FACIAL £28.00  
Refreshing facial consisting of a cleanse, exfoliation of dead skin cells and an option of massage or facial mask.

AROMATHERAPY MASSAGE £30.00  
Using essential oils, beneficial facial for all skin types.

RENEWED RADIANCE  
HYDRATING FACIAL £36.00  
This deeply hydrating facial is perfect for dry, dehydrated skin helping to gently revive and improve the skin tone and reduces the look of fine lines

## MASSAGE



THE HAIR  
& BODY  
STUDIO

t: 01409 231479

e: [thbs479@gmail.com](mailto:thbs479@gmail.com)

[www.thehairandbodystudio.co.uk](http://www.thehairandbodystudio.co.uk)



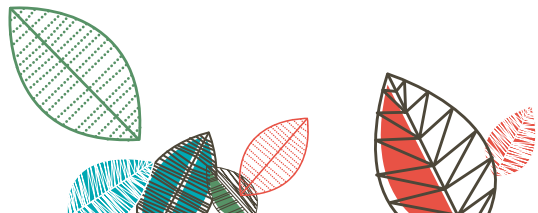


Based from her newly created home studio in the beautiful Devonshire Village of Black Torrington, Sharn offers over 28 years expertise within the hair and beauty industry having worked for several international companies including Wella and L'Oreal where she was a hair colour specialist. She combines both traditional and cutting edge hair technology to keep your hair stylish and in great condition.

## WELCOME TO THE HAIR & BODY STUDIO WHERE YOU CAN RELAX AND ENJOY A RANGE OF SERVICES TO KEEP YOUR HAIR AND BODY LOOKING FABULOUS!

Sharn has trained in a range of facial and body treatments to compliment her services at the Hair and Body Studio. So now you can get all your beauty and grooming needs in one place. From essential grooming services like eye brow shaping and tinting, manicures, pedicures and waxing services, to the more indulgent pampering treatments of full aromatherapy body massage and relaxing facials.

The range of treatments at The Hair & Body Studio, are designed to keep you in top condition, well groomed and feeling truly pampered!



### HAIR CUTTING & STYLING

WHETHER LONG OR SHORT, THIN OR THICK, COLOURED OR PERMED, THERE'S A RANGE OF SERVICES TO KEEP YOUR HAIR IN BEAUTIFUL SHAPE AND CONDITION.

#### LADIES

WASH, RESTYLE AND BLOW DRY	£25.00
WASH, CUT AND BLOW DRY	£18.00
WET CUT	£12.50
DRY CUT	£10.00
BLOW DRY	£10.00

#### GENTS

WASH, CUT, STYLE AND DRY	£14.00
WET CUT	£10.00
DRY CUT	£8.00

#### CHILDREN

WASH, CUT AND BLOW DRY	£12.00
WET CUT	£10.00
DRY CUT	£8.00



#### CONDITIONING TREATMENTS

Hair can become dry, damaged and hard to manage for many reasons. Use of products, straightening and curling irons even the weather. Treat your hair back into great condition!

**KERATIN SMOOTHING THERAPY** from £60  
This revolutionary treatment reduces frizz and curl and instantly adds amazing shine, silkiness and condition to the hair for up to 3 months.

**INTENSE CONDITIONING TREATMENT** £10.00  
Using secret ingredients your hair is brought back to life. Sit back and relax whilst this deep conditioning treatment works its magic!

#### PERMING

FULL HEAD	£30.00*
PARTIAL HEAD	£23.50*
SPECIALIST PERMING	from £60

\* A small surcharge will be made for long or unusually thick hair due to the extra use of products

**PERMANENT STRAIGHTENING** from £40

### HAIR COLOURING

THERE'S A WORLD OF COLOUR TO BE EXPLORED TO SUIT ANY HAIR TYPE! CHOOSE FROM FULL COLOUR OR HIGHLIGHTS AND LOWLIGHTS.

#### HIGHLIGHTING

HAIR LINE, CROWN AND PARTING	£32.00
Used to refresh highlights on short and one length hair styles	
½ HEAD	£48.00
Designed for in-between whole head and shorter styles	
WHOLE HEAD	£60.00
Suitable if you have no colour on your hair	

#### COLOURING

CONTEMPORARY COLOUR	£46.00
Built around contemporary haircuts	
SEMI PERMANENT COLOUR	£28.00
Two main types I will recommend the most suitable. They last between 3 to 8 weeks depending upon hair length	
REGROWTH TINTING	£35.00
Suitable on previously tinted hair	

½ LEG	£11.50
FULL LEG	£16.00
½ LEG, UNDERARM & BIKINI LINE (standard)	£15.00
FULL LEG, UNDERARM & BIKINI LINE (standard)	£25.00
BIKINI LINE (standard)	£6.00
BIKINI LINE (extended)	£10.00
ALL BIKINI AREA	from £20.00
EYEBROW WAX	£6.00
UPPER LIP OR CHIN	£5.00
UPPER LIP & CHIN	£8.50
UNDERARMS	£6.00
FOREARMS	£15.00
CHEST OR BACK	£15.00
CHEST AND BACK	£25.00

### WAXING



WHOLE HEAD TINTING	£52.00
A permanent colour that covers white hair	
BLEACH	POC**
Whole head colour	
COLOUR CORRECTION/REMOVAL	POC**

If you have not had a colour service with the Hair & Body Studio before you will need to have an allergy test at least 48 hours before your appointment for your comfort and protection.

\*\*Price on consultation